

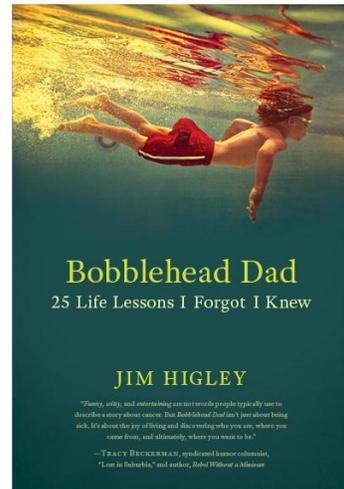
Bobblehead Dad My Top 5 Lessons

what are your
favorite?

What's the hardest one?

*Which one is
important?*

If there was one lesson...



One of the most common questions I receive is “*Which is the most important lesson you had to relearn?*”

And, truthfully, I never feel as though I have a good answer. Maybe it's because the “**most important**” lesson varies from day to day. It depends on the circumstances of my life. It's influenced by what's on my plate. It's triggered by whatever pressure or stress might be lurking around the corner.

So, in the same way that your collection of life lessons is unique and different from mine, my “important” ones are subject to change.

That said, it's helpful to me to occasionally look at my personal collection of lessons and ask myself, “*Which are the ones you really need to remember right now?*”

Here's my current Top 5. ***What life lessons are you focusing on?***

1. #8. *There's only one person stopping you from being who you were meant to be.*

With all the good things in my life right now, I still find myself having periodic moments of self-doubt. “What if I fail?” I need to keep reminding myself to simply believe in myself.

2. #19. *Celebrate something every day.*

I'm sure your life is as busy as mine. It's too busy. Everyone has some demand. I need to regularly stop and celebrate with the people I love. Even if it's for five minutes.

3. #21. *The best gifts find you. Let it happen.*

I told my oldest son the other day that it's really important to reach out to people every day because you never know what opportunities that connection might bring. For you both. I need to remember that.

4. #24. *Expect the unexpected.*

The other part of this is—when the unexpected happens—be aware of it. And be grateful.

5. #25. *Lessons happen every day.*

Without doubt, this will forever be on my “Top 5!”

Chapter	Title	Lesson
1	Some Things You Don't Want to Inherit	<i>The scariest bogeyman is the one in your head.</i>
2	Why Painters Use Drop Cloths	<i>Loved ones die, but they never leave.</i>
3	Playing Post Office	<i>Clean your desk. Clear the clutter. Then focus.</i>
4	I'm Sorry, What Did You Say?	<i>Welcome good advice with action.</i>
5	Give and Take	<i>The best caregivers have received the best care.</i>
6	I Can't Believe You Said That	<i>When you can't be brilliant with words, be brilliant with your arms.</i>
7	Mom and Dad Were Doing It	<i>Meaningful tears fall from eyes that know how to laugh.</i>
8	Growing into My Running Shoes	<i>There's only one person stopping you from being who you were meant to be.</i>
9	Mum's the Word	<i>Unless you have a gardener, you're in charge of splitting your own mums.</i>
10	The Real Dirt	<i>Plant yourself in good soil.</i>
11	That's Why They Call It Work	<i>Work isn't everything.</i>
12	Summertime, and the Livin' Is Easy	<i>Rest.</i>
13	Here Comes Santa Claus	<i>The first step to achieving is believing.</i>
14	Lifeguard on Duty	<i>Lifeguards are always on duty.</i>
15	Will You Sign My Yearbook?	<i>Say it. Write it. Today.</i>
16	Ob-la-di, Ob-la-da, Life Goes On	<i>Life flies. Watch your time.</i>
17	I Wish They All Could Be California Girls	<i>Ask. And you might just receive.</i>
18	Camp Songs	<i>There's a camper—and a counselor—inside us all.</i>
19	Whipped Cream Wonders	<i>Celebrate something every day.</i>
20	I'd Rather Be the Jackson Five	<i>Embrace who you are.</i>
21	But I Want a Puppy	<i>The best gifts find you. Let it happen.</i>
22	I Hate You, Donny Osmond	<i>Life is a series of transitions. Eventually, you need to move on.</i>
23	Dear Gladys...	<i>Don't strive for perfection.</i> <i>Be authentic. Be content.</i>
24	Snoopin' in Mom's Purse	<i>Expect the unexpected.</i>
25	Wait, There's More!	<i>Lessons happen every day.</i>